

# Cape Town Summer Camp for teenagers (ages 13-18)

Schedule

# 1 week

Sample daily schedule

## Sunday

**10:00 - 20:00**

Arrivals/Departures or Peninsula Tour

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**20:00 - 21:00**

Dinner

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**21:00 - 22:00**

Guided Evening Activities

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**22:30 - 22:31**

Lights out

## Monday

**08:00 - 08:30**

Wake-up

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**08:30 - 09:30**

Breakfast

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**10:00 - 13:30**

English Classes

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**13:30 - 14:45**

Lunch

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**16:30 - 20:00**

V&A Waterfront and Quay 4

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**20:00 - 21:00**

Dinner

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**21:00 - 22:00**

Guided Evening Activities

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**22:30 - 22:31**

Lights out

## Tuesday

**08:00 - 08:30**

Wake-up

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**08:30 - 09:30**

Breakfast

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**10:00 - 13:30**

English Classes

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**13:30 - 14:45**

Lunch

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**16:30 - 20:00**

Langa Township

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**20:00 - 21:00**

Dinner

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**21:00 - 22:00**

Guided Evening Activities

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**22:30 - 22:31**

Lights out

## Wednesday

**08:00 - 08:30**

Wake-up

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**08:30 - 09:30**

Breakfast

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**10:00 - 13:30**

English Classes

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**13:30 - 14:45**

Lunch

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**16:30 - 20:00**

District 6 Museum

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**20:00 - 21:00**

Dinner

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**21:00 - 22:00**

Guided Evening Activities

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**22:30 - 22:31**

Lights out

## **Thursday**

**08:00 - 08:30**

Wake-up

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**08:30 - 09:30**

Breakfast

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**10:00 - 13:30**

English Classes

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**13:30 - 14:45**

Lunch

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**16:30 - 20:00**

Signal Hill

---

**20:00 - 21:00**

Dinner

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**21:00 - 22:00**

Guided Evening Activities

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**22:30 - 22:31**

Lights out

## **Friday**

**08:00 - 08:30**

Wake-up

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**08:30 - 09:30**

Breakfast

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**10:00 - 13:30**

English Classes

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**13:30 - 14:45**

Lunch

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**16:30 - 20:00**

Table Mountain

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**20:00 - 21:00**

Dinner

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**21:00 - 22:00**

Guided Evening Activities

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**22:30 - 22:31**

Lights out

## **Saturday**

**08:00 - 08:30**

Wake-up

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**08:30 - 09:30**

Breakfast

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**10:00 - 20:00**

Full-day Excursion Aquila Safari Park

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**20:00 - 21:00**

Dinner

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**21:00 - 22:00**

Guided Evening Activities

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**22:30 - 22:31**

Lights out